

# E Y E L I N E R



Proper care following a procedure is necessary to achieve the best results. Keep in mind that in many cases some swelling, sensitivity, and unevenness of color are to be expected. This is why we have a touch up visit in place. Please be aware that Permanent Makeup is a two-step process: your initial procedure and your second initial procedure or touch up (6-12 weeks after your first initial procedure.) If you have gone beyond the 12 weeks it will no longer be considered a touch up procedure.

## **Not recommended for:**

- Pregnant or nursing.
- Skin irritations like sunburn, psoriasis, severe acne
- Chemotherapy patients (will need a note from your physician)
- Major heart problems / taking blood thinners
- Organ transplant
- Botox in the last two weeks
- Previous permanent eyeliner tattoo (will need to approve before booking)
- Infections / disorders / diseases that could impact healing
- Accutane within the last year.

## **Before Care:**

- Do not work out the day of the procedure.
- Do not tan or have sunburned face.
- Avoid Aspirin, Niacin, Vitamin E, Fish Oil or Ibuprofen 2 days before the procedure.
- No alcohol or caffeine 24 hours before the procedure.
- No lash tinting 3 days before the procedure & two weeks after the procedure.
- Discontinue the use of lash enhancement serums at least 4 weeks before procedure & before touch up. May resume 1 month after procedure.
- Remove lash extensions 2 days prior to procedure & wait a minimum of 3 weeks after procedure before getting them again. The same applies for your touch up session.
- Thoroughly read all the forms given to you at the time of your appointment and ask any questions you may have.
- Be sure to advise of any allergies, medical conditions, prior permanent eyebrow makeup and prescriptions you take prior to your appointment.

## After Care:

1. You must clean your eyelids with the After Care Pads provided to you every hour for the first four hours after your procedure.
2. After your fourth and last cleaning, you will begin your 10-day dry healing process. This means nothing on the eyelid area for 10 days. No water, creams, makeup, mascara, soap, etc of any kind should be used on the eyelids. This includes heavy sweating as well so refrain from intense physical activity during your healing time.
3. Use the protective Visors provided to you when showering. Even if you are not washing your hair, we recommend using the visor to protect from any potential splashes or moisture on the eyes.
4. On day 11 you may resume your regular routine. You can wet your eyes, however if all your scabs have not fallen off yet, DO NOT scrub or pick at the scabs. Let them fall off naturally.

## Important Don'ts:

- DO NOT apply water, cleansers, creams, makeup or any other products on treated area for 10 days!
- DO NOT rub, pick, or scratch the treated area. Not allowing scabs to exfoliate and fall off on their own naturally can cause scarring.
- DO NOT expose your post procedure healing skin to direct sunlight, tanning beds, hot tubs, saunas, salt water, or chlorinated water for 3-4 weeks following your procedure.
- DO NOT have any facials, Botox, fillers, chemical treatments, and microdermabrasion done until 4 weeks after your procedure.

## Long-term After Care:

- Use good sunscreen after 10 days; sun exposure can fade your permanent cosmetics.
- If you are planning a chemical peel, laser procedure or MRI scan, please inform your physician/technician of your permanent cosmetics.
- The use of Retin-A/ Tretinoin, chemical peels, acid peels, or any other rapid skin exfoliation products used on the forehead area may cause your permanent cosmetics to fade prematurely. Take care to avoid your eyelid area.

## About the procedure:

- Depending on the style of eyeliner, the procedure takes approximately 2 hours with no down time.
- Topical numbing agents are applied before and throughout the procedure to keep pain & discomfort to a minimum.
- At your appointment, we will schedule a touch up for 6-12 weeks from your first procedure date. After your initial appointment and touch up, your maintenance touch ups are determined on an individual basis.
- For the first 4-5 days, eyes may be slightly swollen, appear uneven, and may be sensitive to the touch. It would be best to wash and cleanse your face with a washcloth or wipes for these ten days to avoid any splashing on your eyes.
- Please be aware that the healed result of the procedure is dependent on the following:
  - Medication and health conditions
  - Skin conditions & skin health (i.e. oily and pored skin, sensitive dry and flaky skin, sun damaged skin, loose skin, natural skin undertones)
  - Alcohol intake & smoking
  - General stress
  - Immune system
  - Poor diet
  - How well you follow the after care instructions