

# L I P B L U S H



Proper care following a procedure is necessary to achieve the best results. Keep in mind that in many cases some swelling, sensitivity, and unevenness of color are to be expected. This is why we have a touch up visit in place. Please be aware that Permanent Makeup is a two-step process: your initial procedure and your second initial procedure or touch up (6-12 weeks after your first initial procedure.) If you have gone beyond the 12 weeks it will no longer be considered a touch up procedure.

## Not recommended for:

- Pregnant or nursing.
- Skin irritations on the brow area like sunburn, psoriasis, severe acne
- Chemotherapy patients (will need a note from your physician)
- Major heart problems / taking blood thinners
- Organ transplant
- Botox in the last two weeks
- Previous permanent lip blush tattoo (will need to approve before booking)
- Infections / disorders / diseases that could impact healing
- Accutane within the last year.
- Very dark skin tone on lips (risk of hyper or hypo pigmentation)

## Before Care:

- Do not work out the day of the procedure.
- Do not tan or have sunburned face.
- Avoid Aspirin, Niacin, Vitamin E, Fish Oil or Ibuprofen 2 days before the procedure.
- No alcohol or caffeine 24 hours before the procedure.
- No lip fillers 4-6 weeks before & after the procedure.
- Begin moisturizing your lips daily as soon as your appointment is booked. Chapped lips can be difficult to work on and can affect results.
- Thoroughly read all the forms given to you at the time of your appointment and ask any questions you may have. Be sure to advise of any allergies, medical conditions, prior permanent lip makeup and prescriptions you take prior to your appointment.
- **If you are prone to cold sores on your lips (oral herpes simplex infection), we recommend getting a Valtrex prescription from your dentist or physician prior to your procedure. Its ideal to avoid or lesson the symptoms if a cold sore is a possibility for you. Please email us at [cincybrows@gmail.com](mailto:cincybrows@gmail.com) so we can give you the recommended dosage for cold sore prevention for lip procedures.**

## **After Care:**

1. You must clean your lips with the After Care Pads provided to you. Use one pad every 1-2 hours after the procedure. After each cleaning you **MUST** coat your lips with Aquaphor. Your lips must be coated and moisturized at all times.
2. On day two after your procedure you will clean your lips every 2-3 hours for a total of four times that day. Again, after each cleaning, your lips **MUST** be coated with Aquaphor.
3. Take care to always use a straw when drinking, and a fork when eating. Avoid biting into food items for the first 5 days after your procedure.
4. After day two you no longer need to wipe your lips. Continually coat your lips with Aquaphor for a month following your procedure. Make sure they are constantly moisturized (before bedtime, after the shower, after any physical activity)

## **Important Don'ts:**

- DO NOT apply cleansers, creams, makeup or any other products (ASIDE from Aquaphor) on treated area for 10 days!
- DO NOT rub, pick, or scratch the treated area. Not allowing scabs to exfoliate and fall off on their own naturally can cause scarring.
- DO NOT expose your post procedure healing skin to direct sunlight, tanning beds, hot tubs, saunas, salt water, or chlorinated water for 3-4 weeks following your procedure.
- DO NOT have any facials, Botox, fillers, chemical treatments, and microdermabrasion done until 4 weeks after your procedure.
- DO NOT kiss others, your pets, or allow your lips to touch any surfaces until after the first ten days from your procedure.

## **Long-term After Care:**

- Use good sunscreen after 10 days; sun exposure can fade your permanent cosmetics.
- If you are planning a chemical peel, laser procedure, or MRI scan, please inform your physician/technician of your permanent cosmetics
- The use of Retin-A/ Tretinoin, chemical peels, acid peels, or any other rapid skin exfoliation products used on the forehead area may cause your permanent cosmetics to fade prematurely. Take care to avoid your lip area.

## About the procedure:

- The procedure takes approximately 2 hours with no down time.
- Topical numbing agents are applied before and throughout the procedure to keep pain & discomfort to a minimum.
- At your appointment, we will schedule a touch up for 6-12 weeks from your first procedure date. After your initial appointment and touch up, your maintenance touch ups are determined on an individual basis.
- For the first 4-5 days, lips may be slightly swollen, appear uneven, may be sensitive to the touch, and color may appear brighter than desired
- Once healed, the lip blush tattoo will lose more than 40-60% of color. They always appear very bright and dark immediately after the procedure, and lighten up drastically once healed.
- Please be aware that the healed result of the procedure is dependent on the following:
  - Medication and health conditions
  - Skin conditions & skin health (i.e. oily and pored skin, sensitive dry and flaky skin, sun damaged skin, loose skin, natural skin undertones)
  - Alcohol intake & smoking
  - General stress
  - Immune system
  - Poor diet
  - How well you follow the after care instructions